

FACULTY PROFILE



Manar M. AlAwadhi, BSc, MSc, ScD



- ◆ Assistant Professor, Public Health Practice
Faculty of Public Health, Kuwait University

Address:

P.O.Box 24923
Safat 13110 Kuwait

Email:

manar.alawadhi@hsc.edu.kw

Office: +(965)2463-4019

Fax: +(965) 253-16046

Professional Summary

Manar M. AlAwadhi, ScD, MSc, RD, is an Assistant Professor in the Public Health Practice Department at the Faculty of Public Health, Kuwait University. Her current activities involve development and teaching courses in the area of Public Health for the Faculty of Public Health. Dr AlAwadhi's research interests focuses on: childhood obesity and obesity prevention, maternal and child health, community based interventions, nutrition education, school food consumption, and nutritional epidemiology.

Education and Training

- ScD, Public Health Nutrition. T.H. Chan Harvard School of Public Health, 2017
 - Minor in social and behavioral methods & a concentration in maternal and child health
- MSc, Nutrition and Public Health, Teachers College Columbia University, 2012
- BSc, Food Science and Human Nutrition (Dietetics), Colorado State University, 2009

Research Interests and Projects

Manar M. AlAwadhi's current research interests include health promotion and school based interventions to improve health of the community.

Selected Publications and Scientific Conferences

Publications:

Al-Ozairi, E., AlAwadhi, M. M., Al Kandari, J., Taghadom, E., Abdullah, M., & Le Roux, C. W. (2019). Photo-Assisted Dietary Method Improves Estimates of Dietary Intake Among People with Sleeve Gastrectomy. *Obesity Surgery*, 29(5), 1602-1606. doi: 10.1007/s11695-019-03736-4

Al-Ozairi, E., AlAwadhi, M.M., Al-Ozairi A., Taghadom, E., Isamil, K. (2019). A prospective study of the effect of fasting during the month of Ramadan on depression and diabetes distress in people with type 2 diabetes. *Diabetes Research and Clinical Practice*. In press.

VanKimNA, Corliss HL, Jun H, Calzo JP, AlAwadhi M, Austin SB (2019). Gender expression and sexual orientation differences in diet quality and eating habits from adolescence to young adulthood. *Journal of the Academy of Nutrition and Dietetics*. In press.

Scientific Conferences:

AlJazzaf M*, Rimm EB, Chavarro J, Rosenfeld L, Fung TT. "Chocolate milk intake and change in body mass index among US children and adolescents (poster)." 146th American Public Health Association Conference. San Diego, CA. November 2018.

AlJazzaf M*, Rimm EB, Chavarro J, Rosenfeld L, Fung TT. "Diet quality using the Alternative Healthy Eating Index 2010 and change in body mass index among US children and adolescents (poster)." 146th American Public Health Association Conference. San Diego, CA. November 2018

AlJazzaf M* & Rosenfeld L. City MatCH Leadership and Epidemiology Conference (Maternal and Child Health). "Food service directors and compliance with new school nutrition standards: Can we get smart snacks in schools? The Massachusetts NOURISH (Nutrition Opportunities to Understand Reforms Involving Student Health) (poster)." Finalist Poster. Philadelphia, PA. September 2016.

* Previously used name: Manar AlJazzaf